

# The Ebb & More

by [Michael Shindler](#) (February 2026)



A Black Bird with Snow-Covered Red Hills (Georgia O'Keeffe, 1946)

## The Ebb

The ebb and flow  
Of memories  
Recalled along  
A familiar path:

Five thousand dawns  
pushing daisies

Below the lawns  
Of youth's aftermath.

### **She was Walking**

I. She was walking to the maze  
With the blackbirds and black days.

II. She was walking to paradise  
With her sins and sacrifice.

III. She was walking to the coast  
With beans and toast.

IV. She was walking to hell  
With a whistle and a bell.

V. She was walking to God  
With a sigh and a nod.

### **A Poet**

A poet takes a nap,  
Wakes up, looks in the mirror,  
And thinks of his teachers.

The creases on a map  
Become clearer and clearer  
As time fades its features.

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