

Happiness for Transgenders?

by Rebecca Bynum



As I grow older, it has become apparent to me that spiritual growth contains the key to happiness, but as we grow in the spirit, we also become more and more integrated, that is, our spiritual, mental and physical selves integrate ever more fully, creating physical health along with mental and emotional stability – happiness grows as a result. When someone rejects the template of his or her being – his or her body – and fantasizes that he or she “should” be something other than him or herself, that person can never achieve deep spiritual integration and therefore will never achieve true health, mental and emotional balance, or happiness. If we reject ourselves we reject our Creator and the purpose of our being. Why is this being encouraged? It is a prescription for gradual spiritual suicide.