

Man, 27, arrested in east London charged with 'preparing acts of terrorism'

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A man has appeared in court in connection with a suspected terror plot. Sahayb Aweys Munye Abu of Mayfield Road, Dagenham, appeared at Westminster Magistrates' Court via video link on Friday, July 24.

Abu was charged on Thursday with engaging in the preparation of terrorist acts, under section five of the Terrorism Act 2006.

He was taken into custody in an operation by the Met's Counter Terrorism Command on June 9 along with another man and a teenager. A third man was arrested by police in Leicestershire. All the others were later released without charge after being detained for at least a week. Police searched two addresses in east London, but haven't released any more details of where the men were arrested.

The court heard the 27-year-old is accused of purchasing or attempting to purchase items for the use in terrorism with intent before July 9 this year. . Deputy chief magistrate, Tan Ikram, sent the case to be dealt with at the crown court.

Mr Abu will appear at the Old Bailey on August 14.