

OUCH! Eating Can Be Bad For You



by Reg Green

Ever since I read in Philip Short's book *Putin* that the Russian leader and I eat identical meals (porridge and fruit for breakfast, yoghurt and fruit for lunch) I've been feeling an urge for world domination. This is a heady experience for someone who has never achieved even in his own household a rank higher than serfdom.

I lack some vital information, however. Although Short's book admirably combines a wealth of detail with high-paced narrative, he doesn't tell us what the Kremlin serves for dinner. My guess, given the lightning changes in power in

Russia in the last few days, is In-N-Out Burgers.