

# So You Think You're Having a Middle Age Crisis, eh?



by Reg Green

How dark were the Dark Ages? In his book, *The Wisdom of the Middle Ages*, Michael Kellogg quotes Barbara Tuchman as saying that even the end of them – the 14th century – was “a violent, tormented, bewildered, suffering and disintegrating age.”

In other words, he comments, very much like the present.